



# THE NEWSLETTER

of the Parish of the Resurrection,  
St. Andrew and St. Mark

LENT 2019



In the photo above, taken on Shrove Tuesday, parishioners conduct a ceremony before burning the palm crosses they received during Lent last year. The ashes were used to make the sign of the cross on penitents the following day, Ash Wednesday. The photo and many others in this issue were taken by Trevor Smith.

**In this issue:** Pancakes, the naming of the parish, Lenten study, the World Day of Prayer, Messy Church, PWRDF and hello to our new choral director, Christopher Grocholski (seen at right). Happy reading!



## Parish of the Resurrection, St Andrew and St Mark

**April 14, Palm Sunday: 8 a.m.** Holy Communion and **10 a.m.** Choral Communion with procession, Distribution of the Palms and a dramatic reading of the Passion of our Lord Jesus Christ from St. Luke's Gospel. Members of the congregation will have the chance to sign up for parts in the dramatic reading in advance.

**April 15, Holy Monday:** Evening meditation, time TBA

**April 16, Holy Tuesday, 6:30 p.m.** Stations of the Cross, a simple and meditative journey through the events of the days leading up to Jesus's death.

**April 17, Holy Wednesday, 10 a.m.** Stations of the Cross. Evening meditation, time TBA

**April 18, Maundy Thursday, 7 p.m.** Holy Communion and Stripping of the Altar. The church will remain open throughout the night for the Vigil before the Reserved Sacrament. This vigil with the bread and wine just blessed at the Maundy Thursday service symbolizes our effort to stay and keep watch with Jesus as the disciples were unable to. A sign-up sheet for hour-long slots in the vigil will be available.

**April 19 Good Friday, 10 a.m.,** Children's Stations of the Cross, an age-appropriate version with activities.

**12 noon,** midday prayer with consumption of the Reserved Sacrament to conclude the overnight Vigil. Prayerfully consuming all the bread and wine remaining in the church building before sunset on Good Friday symbolizes the cosmic emptiness and absence that attends upon Christ's death.

**1 p.m. Good Friday liturgy.**

**April 21, Easter Sunday, 8 a.m.** Holy Communion and **10 a.m.** Choral Communion with children's message, Flowering of the Cross, and Easter music (including a brass quartet). Bring flowers if any have yet appeared in your yard, but if not, flowers will be provided to decorate the cross.

## Prayer Care

Scarlet, David, Helen, Ross, Lois, June, Janie and John, Marlene, Monica, Eileen, Audrey, John and Doris, Gordona and Leonard, Patricia, Leela, Heather, Rex, Brenda, Don, Joyce, Michael, Lil, Ginny, June, Gary, Mitch, and Margaret

## Easter flowers



We invite you to remember your loved ones with a donation towards flowers on the altar. Their names will appear in the Easter Sunday bulletin.

Please contact Jennifer Gibb with the names to be remembered in the Easter bulletin no later than **Friday, April 12**. You may leave a message at 514-631-3601 or at [office.pramchurch@gmail.com](mailto:office.pramchurch@gmail.com). Please indicate with your donation, "Easter flowers."

**Palm Crosses** will be made on two occasions: **Tuesday, April 9**, at the Lenten supper with Neil Mancor, and **Friday, April 12**, in the church hall, at 9 a.m. No experience necessary. Instructions and coffee will be provided. All are welcome! Please bring a pair of scissors.

# RECTOR'S MESSAGE

Dear friends,

I look forward to celebrating our first Holy Week and Easter together in a few short weeks! We've come a long way as a congregation since I arrived in August. We've celebrated Advent and Christmas, survived our first Annual Vestry Meeting and are on the verge of choosing a new name. As we travel through Lent, we will be meeting every Tuesday evening (and on a weekend day to be announced) to reflect on our identity and discern our mission as a congregation. I hope everyone will participate in this important process (and sign up in the narthex to bring soup or bread)!

As for Holy Week and Easter themselves, they have always been some of my most beloved and exciting times of the Christian year. I love the intensity of the way we reenact Jesus' death and resurrection, and how it invites us to reflect on the dyings and risings of our own lives.

The Worship Team, Chris, and I have been meeting to plan Holy Week and are trying to strike a balance between providing a meaningful experience, and overextending ourselves and doing too much. The schedule of services and other events that we've decided on is found elsewhere in this newsletter. I am aware that there are traditions beloved to some members of the parish that are not happening this year, and I want everyone to know, first of all, that I welcome feedback as always, and second, that I sincerely hope that while this year's Holy Week will be rich and meaningful, next year's will offer even more opportunities to meet God and engage with the faith story.

For one thing, while both St. Andrew's & St. Mark's and Church of the Resurrection have sometimes done an Easter Vigil in the past, we will not be doing one this year. This is not because I don't love the Great Vigil of Easter – on the contrary, I am a complete Vigil nerd, and I hope to revive this tradition soon, after participating in the Cathedral Vigil this year.

We will, however, be reviving another vigil, the all-night vigil with the reserved sacrament between Maundy Thursday and Good Friday, so start thinking about whether you feel able to get out of bed at 3 AM to spend an hour in contemplation in the church!

Additionally, it has always been my conviction that Maundy Thursday is best celebrated with an actual meal that echoes the meal Jesus shared with his disciples on the night he was betrayed, and I know that this was the tradition at Church of the Resurrection, as well as a meal on Good Friday in support of charity. This year, though, we've had a lot of dinners. That's a good thing! Fellowship over a meal is central to our Christian community. But we're also pretty tired and need a break, and I would much rather put off these events and do them well next year, than force us all to overcommit this year.

There are a couple of small new things that we'll be doing: a Children's Stations of the Cross at 10 AM on Good Friday (school is closed, so bring along any children you may know!) and the Flowering of the Cross on Easter morning, a tradition from my childhood church (bring flowers from your garden if – God willing – we have any by April 21; otherwise, flowers will be provided).

Thanks in advance to all those who will be working hard to make Holy Week and Easter happen, and have a blessed Lent!

+ *Grace*

# The naming of the parish

When the Parish of the Resurrection merged with the Parish of St. Andrew and St. Mark in April 2018, it was essential to choose a new name. The historic chapel will retain the name of St. Mark, but the parish and the church are being renamed with input from all of us.

The naming process started with a general meeting on January 27 and a call for suggestions, followed by discussion at a potluck dinner on February 20. Many names were suggested. They were reviewed by Bishop Mary Irwin-Gibson and a short list emerged. The final vote will take place at a general meeting on Sunday, March 17, after the 10 o'clock service.

Here is the short list of names to choose from. "By the Lake" may be added to any of them.

St. Cecilia  
All Saints  
Hope Church  
Church of the Incarnation  
Church of the Transfiguration  
Church of the Redeemer  
Church of the Living Water  
Church of the Holy Family  
Church of the Holy Shepherd

Here is how the process will work on March 17, as described by the rector:

We will begin with all nine names written on large sheets of paper on the walls, and each person present will make their selection by putting a Post-It note on their name of choice (*information on how to participate if you can't be there follows*). After each round of voting, the name or names with the fewest votes will be dropped and then a new round of voting will take place. (If you would like "by the Lake" added to your choice, please so indicate on your post-it note.)

If one clear favourite emerges, that will be our new name. If we end up with a situation where two or three names are very close together in number of votes after two rounds of balloting, we will turn the question over to the Holy Spirit and draw lots (see Acts 1:15-26).

*Continued on the following page*

*Continued from the previous page*

If you cannot be present on March 17, please submit to the Naming Task Force your *top three selections* in order of preference and they will be incorporated into the voting in the following manner:

- On the first round of voting, your favourite name will be voted for you
- On the second round of voting your favourite will again be voted if it makes it to the second round. If it doesn't, your second name will be voted, and so on.
- This will continue as long as any of your three choices remain in contention.

Here are the officers of the Naming Task Force:

Yvonne Bayne, 438-969-2046, [ybayne85@gmail.com](mailto:ybayne85@gmail.com)

Bob Morell, 514-424-6498, [bobfmorell@gmail.com](mailto:bobfmorell@gmail.com)

Garth Saint John, 514-266-8618, [garth@garth-saint-john.net](mailto:garth@garth-saint-john.net)

Bill Yeomans, 514-636-1438, [yeomansbill@gmail.com](mailto:yeomansbill@gmail.com)

The Rector also invites you to ask her anything. She can be reached at 438-334-0610, [gburson@montreal.anglican.ca](mailto:gburson@montreal.anglican.ca).

In the photos below, parishioners listen to Bill Yeomans and the Rev'd Grace Burson on February 20.



# LENTEN REFLECTION

## A Journey with Jesus

Instead of the usual Bible Study on Wednesday mornings, in which the readings for the lectionary are discussed, during Lent lay reader emerita Yvonne Wakeland will present five stories from the Gospel of Luke for reflection and discussion.

They are: The Good Samaritan (Luke 10: 25-37)

Hospitality and Welcome ( Luke 14:7-14)

The Prodigal Son (Luke 15:11-32)

The Rich Man and Lazarus (Luke 16:19-31)

The Road to Emmaus (Luke 24:13-35)

Yvonne explains. "This resource, called A Journey with Jesus, was developed by the Montreal Diocesan Theological College and presented in a training day on February 2. Questions are provided in the guide which open discussion of the passage of scripture as it refers to the the local congregation, the town, the neighbourhood and/or the world.

"We welcome all who would like to participate as we seek to deepen our understanding of Luke's Gospel.

"We meet at the church from 10:30 a.m. to 11:30 a.m. on March 13, 20, 27, April 3 and 10 following Morning Prayer at 10 o'clock."

## Lenten projects for you

Make a kit for the women of the shelter **Auberge Madeleine** with toiletries, such as shampoo, soap, toothbrushes; personal hygiene products, new underwear, new socks, stockings, even a small umbrella for the spring weather or whatever you think a woman in distress would need.

You may bring in your kit bags any time before Easter and leave them by the baptismal font. More information about the shelter and its services for women may be found at: <http://www.aubergemadeleine.org/> Auberge Madeleine is very grateful for the toiletries as it is expensive for them to provide the women in need with these essentials.

Bring in donations of clothing for St. Michael's Mission or food for Dorval Community Aid and CAC in Pointe Claire.

Send a card with your expression of support to a member of the parish who has been dealing with illness or other challenges. A note of love can make a world of difference.

# PWRDF buys the farm

Actually, it's some generous parishioners who bought a farm through the All Mothers and Children Count program financed by the Primate's World Relief and Development Fund and Global Affairs Canada. At least \$470 was raised over the past few weeks. It will buy a cow, a goat, two pigs, five sheep, 40 chickens, 20 guinea fowl, 20-kg bags of seeds and farming tools for a family in Mozambique, Rwanda, Burundi or Tanzania. Who knew you could get so much for so little?

On Sunday, March 10, Anne-Claude Geoffrion, who belongs to All Saints Church, Lake of Two Mountains, spoke after the 10 o'clock service. about her recent time in Haiti. She with Canadian Foodgrains Bank, which is linked with the PWRDF.

Parishioner Pamela Manning is behind both of these initiatives. She has been our representative to the diocesan PWRDF for a number of years. She got involved when Janie and John Cromwell were our delegates to the organization, and went with them to several meetings in Fulford Hall, the building behind the cathedral in downtown Montreal.

"I have always been interested in outreach and ways to help others less fortunate than me, and PWRDF is perfect for that," Pam said. "In 2017 the Pikangikum [water treatment] project was particularly interesting to me as it involved helping our own First Nations people."

She didn't know much about international relief when she started, but she has learned a lot. "There are so many people all around the world, including in Canada, who need help and in so many ways! Also, I learned that besides relief, PWRDF helps people to develop skills and provides tools that they can use to be independent and take better care of themselves and their families, such as the farm we bought."

She has met some inspiring people through the PWRDF. "They work so hard and do so much for their parishes as well. It's very humbling. Ann Cumyn, Roslyn MacGregor, Penny Rankin and Anne-Claude Geoffrion immediately come to mind, but all of the attendees impress me."

For more on the All Mothers and Children Count program, go to <https://pwrdf.org/amcc/>. It will warm your heart!

## Save the date for a mystery event

The diocesan PWRDF has joined the McGill University Health Centre Foundation to raise funds for a project in maternal, newborn and child health in East Africa and the Birthing Centre at the Royal Victoria Hospital in the Glen.

The funds will be raised through an event, yet to be described, at the MUHC on **Wednesday, May 5**, the proceeds to be shared equally between the hospital and the PWRDF. The full price of the ticket will go to the fund. No tax receipt will be given for tickets, as they provide a benefit to the holder, including complementary parking. A tax receipt will be given for any donation over \$15.

# 50 attend World Day of Prayer — and eat well



The World Day of Prayer is an ecumenical event held every year on the first Friday of March. It is organized by the Women's Inter-Church Council of Canada (WICC).

In Dorval, it has rotated among three churches, St. Veronica's Roman Catholic Church, Strathmore United Church and our church.

This year it was our turn, and Margaret Beattie, who has been the point person for the event for the former Parish of St. Andrew and St. Mark, took charge. "Soon after Christmas, I contact the other parishes for the names of their reps, organized a

planning meeting and a subsequent rehearsal," she said.

"I was delighted that Chris [Grocholski] agreed to play the organ and piano. Bill [Hutton, former organist at St. Mark's] always did as well, but Chris works [full-time], yet he took the time off to do it."

Approximately 50 people attended. Most were from the three participating churches, but there were also people from Valois United Church. Despite the focus on women, four men took an active part: Chris, Dave Tomsons, who operated the sound system, Steve Gilliam, pastor of Strathmore, who was asked to read the gospel and dismissal, and Michael Westwood, a former warden of St. Mark's.

Every year the event focuses on a specific country. This year it was the women of Slovenia, in eastern Europe, under the slogan "Come — Everything Is Ready." Margaret made a large red, white and blue Slovenian flag which she hung on the front of a table at the chancel steps to hold symbolic food items — bread, wine, water, salt, red carnations, and a ceramic bowl and jug. She also put up our big "Come" banner, as it fit the theme so well. The worship service included readings of personal testimony by Slovenian women during the tumultuous 20th century.

The Slovenian theme was carried out in the lunch that followed the prayer service.

"The red/white/blue theme was picked up downstairs and our bakers baked *potica*, a traditional Slovenian sweet bread. That was such a nice touch. Dave Tomsons had Slovenian recorded music playing in the hall."

The food was prepared and served by many volunteers, including Marsha Hunter, Gladys Randle, Mary Puddington McLaughlin, Carol Smith and Alex Jenkins.

"The whole service and lunch were very well received," Margaret concluded. "Everyone one had a great time and I felt that we did our parish proud."

The receipts from the offertory went to the WICC.



# An explanation of our liturgy

*On Sunday, February 3, in the place of a sermon, the Reverend Grace Burson provided an explanation of the origin and reasons behind many of our liturgical practices. In this series of articles, we will reproduce parts of her presentation, which she delivered at the appropriate spots during the worship service. She began with an amusing anecdote.*

A story is told about a guru who taught every evening in a temple. While he spoke, the temple cat would make a nuisance of itself, making noise and distracting the students. So the guru ordered the cat to be tied up during the teaching. A few years later the guru died, but the cat was still tied. When the cat died, a new cat was bought, and tied up every evening during the teaching. A generation after the time of the original guru, one of his disciples devised an elaborate symbolism for the Tying of the Cat.

That's what tends to happen to worship. Things that were originally done for a practical purpose – a procession to get from one place to another, a piece of music to cover a necessary action – are eventually given a symbolism. Over the past hundred years or so, a great deal of effort has taken place in all the liturgical churches – Orthodox, Roman Catholic, and mainline Protestant – to Xh the ancient shape of the liturgy and to remove the accretions of the medieval and Reformation periods.

Foremost in this new/ancient symbolism is the idea that the whole congregation are the ministers of the service, not just a few people who sit up front; that the whole assembly actively participates, rather than the clergy and a few others “performing” for a passive audience.

[Between processional and salutation] The entrance rite is one example of liturgical accretion. The earliest liturgies began with a simple salutation and launched right into the reading of Scripture. Later, when Christianity moved out of private houses into the public basilicas of the fourth and fifth centuries, an entrance procession with music was added, along with candles and incense, which were carried before civil officials on state occasions. The addition of the processional cross reminds us to focus our worship on Christ.

The first prayer, the Collect for Purity, was originally part of the priest's private devotions before celebrating the Eucharist, but is now said publicly to apply to the whole congregation. The Kyrie, used in Advent and Lent, was originally an acclamation used at the approach of the emperor!



*Martin Luther, the iconoclastic Reformation preacher – and composer.*

The hymn of praise “Gloria in excelsis” existed as early as the second century but was incorporated into the entrance rite as late as the 11th century. The collect – the prayer specific to a particular Sunday or feast day – became part of the service in the Dark Ages, so no wonder so many of them pray for peace and protection!

Hymns, incidentally, are a relatively late addition to Christian worship of any kind – music throughout the first millennium was all chanted; metrical texts only began to be written around 1000, and were not commonly sung by the whole congregation until the Reformation, when Luther brought the music of the German common people into the worship service. (He is famously supposed to have said, when asked why he set sacred texts to drinking songs, “Why should the devil have all the good tunes?”)

# Messy Church is thriving

On Friday, March 1, Messy Church had 31 participants — 21 adults and 10 children aged five months to 11 years.

The parents may have found out about the cheery get-together for food, fun, art and worship through having had their children baptized at one of our churches, or they may be related to parishioners. Others have discovered Messy Church through PRAM's Facebook site.

Coordinator Rosanne Harrison says she has a list of families, "between 20 and 27." Her role is to gather everyone together and make sure the message, celebration and crafts are relevant for that day. She pays for a subscription to a Messy Church magazine which provides ideas for each event.

"I post and invite others on Facebook," she said. "I prepare and gather everyone to choose the specific crafts and what and who will do the celebration. I choose the music and other take-home materials for the families. I confer with Gladys [Randle] about the food and together we decide the menu. We accept any willing volunteer to cook a casserole. "

Worship is low-key, and aimed at families. At the most recent gathering, the celebration was about forgiveness (John 8:1-11).

"I have been doing this since 2015," Rosanne explained. "This ministry is important. I believe it helps myself and others to learn more about the Bible. It helps families realize the importance of prayer and gives them a place of comfort and acceptance."

It takes thoughtful preparation — at least an hour to set up the furniture and prepare the snacks offered before the meal, which is usually done by a volunteer at home. Denise Williams, a former school teacher, spends time practicing the craft assigned for the session to make sure she can do it before showing the children and she does the same preparation for the music, but she finds the whole Messy Church experience greatly rewarding.

Many willing hands make light work. For example, Laura Hill volunteered to make pasta casseroles for March 1. Among the frequent volunteers are Dave and Sylvia Tomsons, Janet Callary (in charge of crafts), Denise Williams, Darlene Scott, Louis Robichaud (technical work), Andrew Callary, Norma Horner, Diane Olsen, Gladys Randle (purchase of food). A freewill donation is given to pay for the food. Parishioners can make a donation in their regular giving to help with other costs.

Messy Church, which was a fixture at the Church of the Resurrection before the recent merger, has settled into a nice routine. It is held on the first Friday of every month, from 5:30 to 7:30 p.m. The next one is April 5. after that, it's May 3, June 7, September 6, October 4, November 1 and December 6.

Rosanne issues a challenge: "Come and see for yourself what we are all about."

## Experienced companion available, recommended by parishioner

Karen Yeomans, the daughter of Bill Yeomans, would like to recommend a friend, Tessa Rodrigues, who has been her babysitter and sometime nanny for several years and is now looking for full-time work. Here is Tessa's advertisement:

**Kind, compassionate, caring person seeking full-time or occasional work as a caregiver or companion to the elderly. I have years of experience and can provide references within the congregation. Please contact Jennifer at the church office, 514-631-3601, for my details.**

# How Can I Keep From Singing?

Our new organist and choral director, Christopher Grocholski, spent 22 years at Trinity Memorial Anglican Church, from 1996 until it closed in 2017. That's a big chunk of his career for a man who is still quite young, and it made a deep impression on him. The big church on Sherbrooke St in NDG had many congregants from the West Indies, and the intensity of their singing has affected his own choice of music.

"Many of those people left a lot behind when they moved to Montreal, and they had to adjust to a new environment, including language. They sang with a really deep spirituality." They liked hymns with a gospel flavour from the US South, and "even the conventional hymns got a shout-out treatment."

That's why you may be hearing a little more rhythm in your hymns, even the occasional bit of syncopation. But Chris's repertoire is eclectic, from Bach and Handel to contemporary composers.

He grew up in Brossard and attended St Barnabas Church in St Lambert. Chris was active in the Scouting movement up to the leadership level. He acted and sang in high school musical productions and has been involved in organizing the prestigious festival of the Royal Canadian College of Organists. He has been the summer music director at St George's, Place-du-Canada, which has professional choristers, and he most recently assisted in directing the choir of St Thomas Church in NDG. He is extremely busy, singing in choirs, playing the organ, helping churches that need him, and holding down a full-time job as a sales account representative.

Although our choir is not large, Chris feels we are lucky to have a good mix of four voices (soprano, alto, tenor and bass). "I would like to build on what's here," he said. "I would like to attract more people who like singing, and who like singing with each other."

As his CV asserts and our choir can attest, Chris is "outgoing and easy to get along with." That also goes for his partner Dion Lewis, who also has many years of experience in choirs and church organizations. We lucky to have landed this enthusiastic pair. They know how to balance fun, faith and good musicianship.

Choir practices are held on Thursday evenings at 7:30 and there is a brief rehearsal before the 10 o'clock service. Please consider joining the choir. It's intellectually stimulating, fun, and good for you.



*Barbara Peden*

# WHAT'S ON

**Next parish meeting: Sunday, March 17**, after the service, including a vote on the new name of the parish.

**Choir practice:** Rehearsals are on **Thursday** evenings starting at 7:30 pm. Please join us!

**Lenten Bible Study:** Morning prayer at 10 a.m. on **Wednesdays**, followed by Bible Study at 10:30. Five stories from the Gospel of Luke. See page 6.

**Lenten Series:** On **Tuesdays** from 5:30 to 7:30 p.m., Neil Mancor, coordinator of congregational development for the Diocese of Montreal, leads conversations about our parish's mission. A simple supper is served.

**Messy Church:** This lively get-together for food, prayer and crafts is aimed at families. It is held the first **Friday** of every month, from 5:30 to 7:30 pm, in the lower hall. For more information, go to [messychurch.pram@gmail.com](mailto:messychurch.pram@gmail.com)

**Men's breakfast:** Every second **Saturday** in the hall.

**West Island Women's Retreat: April 26.** Ermitage Ste-Croix. Registration deadline, April 13.

**Meditatio:** Stacey Neale leads a brief, quiet session of meditation in the chapel on **Tuesday** evenings at 7 pm.

**Coffee with Grace:** The Rev'd Grace Burson welcomes you for a chat on **Tuesdays** from 3 to 4:30 pm at Victor Rose, 15C Cartier Ave in Pointe Claire, and on **Fridays** from 10:30 to noon at Non Solo Pane, 455 Lakeshore Blvd in Dorval.

**Big garage sale: Sunday, May 25. Workers needed!**

**Parish barbecue: Sunday, June 9.**

## Caribbean theme dinner Sunday, April 7

**This promises to be a popular event, so get your tickets now! \$25, from Yvonne Wakeland**

*The next parish newsletter will be published in June. The editor is Barbara Peden, 514-631-5281, barbaruss@sympatico.ca.*

## The Anglican Parish of the Resurrection, St Andrew & St Mark

865 Lakeshore Drive  
Dorval, QC H9S 2C7  
(514) 631-3601

<http://www.pramchurch.org/>

**Facebook page**  
*Parish of the Resurrection St  
Andrew and St Mark.*

**Priest in Charge**  
The Reverend Grace Burson  
[gburson@montreal.anglican.ca](mailto:gburson@montreal.anglican.ca)

**Organist and Choir Director**  
Chris Grocholski

**Lay Readers**  
Bob McLachlan, Yvonne  
Wakeland, Mark Weatherley  
Yvonne Bayne

**Rector's Warden**  
Nancy Longworth Hamilton  
[nancy@hamiltonmail.ca](mailto:nancy@hamiltonmail.ca)  
514-903-1214

**People's Warden**  
Raymond Noël  
[newcons@sympatico.ca](mailto:newcons@sympatico.ca)  
514-697-7636

**Parish Administrator**  
Jennifer Gibb  
[office.pramchurch@gmail.com](mailto:office.pramchurch@gmail.com)  
514-631-3601

**These office hours will be in  
effect as of April 2:**  
Tuesday, Wednesday,  
Thursday, Friday,  
from 9 am to 3 pm.